

### Emergency Assistance

Catholic Charities - 814-535-6538  
Community Action Partnerships  
Cambria - 814-536-9031  
Somerset - 814-445-9628

County Assistance Offices  
Cambria - 814-533-2491  
Somerset - 814-443-3681

Salvation Army  
Cambria - 814-539-3110  
Somerset - 814-445-9232

St. Vincent DePaul - 814-535-8521

### Utility Assistance

Catholic Charities - 814-535-6538  
Community Action Partnerships  
Cambria - 814-536-9031  
Somerset - 814-445-9628

County Assistance Offices  
Cambria - 814-533-2491  
Somerset - 814-443-3681

Public Utility Commission - 800-692-7380  
Salvation Army

Cambria - 814-539-3110  
Somerset - 814-445-9232  
St. Vincent DePaul - 814-535-8521

### Rent/Mortgage Assistance

Community Action Partnerships  
Cambria - 814-536-9031  
Somerset - 814-445-9628

County Assistance Offices  
Cambria - 814-533-2491  
Somerset - 814-443-3681

St. Vincent DePaul - 814-535-8521  
PA Homeowners Assistance Fund: pahaf.org/  
888-987-2423

Women's Help Center: 814-536-5361

### Veterans Services

Veterans Leadership Program  
- 844-857-8387  
Veteran Community Initiatives - 814-255-0355

### Transportation Services

CamTran - Cambria County - 800-252-3889  
Somerset County Transportation System  
- 814-701-3691

## United Way of the Southern Alleghenies Diaper Bank

Call - 814-535-2563

Email -  
admin@unitedwaysa.org

Online -  
unitedwaysa.org/diapers

### Johnstown office

814-535-2563  
422 Main Street, Suite 203,  
Johnstown, PA 15901  
814-535-2563

### Somerset office

Uptown Works, 109 E. Main Street,  
Somerset, PA 15501  
814-535-2563

To become involved in our work through supporting, advocating  
or volunteering, visit [www.unitedwaysa.org](http://www.unitedwaysa.org)

Email: admin@unitedwaysa.org



# RESOURCE GUIDE

for Cambria & Somerset Counties



“I almost didn’t  
call, and I’m so  
glad I did.”

– Melissa

**Get Connected. Get Help.**  
Dial 211 or text your ZIP code to 898-211



**PA 211 is a 24/7, professionally staffed call center that will help you find resources for a variety of health and human services needs. Care navigators are ready to help. Call, text or chat online.**  
**pa211.org**



Melissa and her son were getting by on her restaurant job, **until she was laid off**. She quickly fell behind on bills, and got a shutoff notice for her electric service. Unable to pay the amount due, **she called 211** to see if she had any options.

Our Resource Navigator **listened to Melissa's situation**, and pointed her to local resources for utility bill assistance, support with her job search, food pantries, and a diaper bank. She also gave her a recommendation to call her electric company, to see if a payment plan was possible. Melissa called her electric company that day. **Not only was she able to avoid a shutoff, but she got some of her past due balance forgiven.**

**“I almost didn't call, and I'm so glad I did.”**  
– Melissa

**CONFIDENTIAL help for utilities, employment, transportation, finances, food, housing and more.**

## QUICK SOURCE GUIDE

**CAMBRIA / SOMERSET**

### Emergency Shelters

Martha & Mary House - 814-536-5361  
Next Step Center - 814-444-8588  
Women's Help Center - 814-536-5361

### Mental Health Services

Crisis Hotline, Cambria and Somerset - 9-8-8  
Cambria County Behavioral Health  
Cambria - 814-535-8531  
Behavioral Health Services of Somerset and Bedford Counties - Somerset - 814-443-8182

### Domestic Violence/Abuse & DV Shelter

Victim Services

Cambria - 814-288-4961  
Somerset - 814-443-1555

### Free Medical Services

Highlands Health

Cambria - 814-534-6242  
Somerset - 814-443-5867

### Food Pantry Information

Food For Families - 814-535-3315

### Legal Services

Laurel Legal Services - 814-536-8917  
SW PA Legal Services Inc. - 814-443-4615

### Area Agency on Aging

Cambria - 814-539-5595  
Somerset - 814-443-2681

### Drug & Alcohol Addiction Services

Cambria County Drug & Alcohol Program  
- 814-536-5388  
Somerset Single County Authority for Drug & Alcohol - 814-445-1530

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Welcome to the pa211.org web chat.

How can I help you today?