### **Emergency Assistance**

Catholic Charities - 814-535-6538 Community Action Partnerships Cambria - 814-536-9031 Somerset - 814-445-9628 County Assistance Offices Cambria - 814-533-2491 Somerset - 814-443-3681 Salvation Army Cambria - 814-539-3110 Somerset - 814-445-9232 St. Vincent DePaul - 814-535-8521

### **Utility Assistance**

Catholic Charities - 814-535-6538 Community Action Partnerships Cambria - 814-536-9031 Somerset - 814-445-9628 County Assistance Offices Cambria - 814-533-2491 Somerset - 814-443-3681 Public Utility Commission - 800-692-7380 Salvation Army Cambria - 814-539-3110 Somerset - 814-445-9232 St. Vincent DePaul - 814-535-8521

Rent/Mortgage Assistance Community Action Partnerships Cambria - 814-536-9031 Somerset - 814-445-9628 County Assistance Offices

Cambria - 814-533-2491 Somerset - 814-443-3681 St. Vincent DePaul - 814-535-8521

PA Homeowners Assistance Fund: pahaf.org/ 888-987-2423 Women's Help Center: 814-536-5361

## **Veterans Services**

Veterans Leadership Program - 844-857-8387 Veteran Community Initiatives - 814-255-0355

### **Transportation Services**

CamTran - Cambria County - 800-252-3889 Somerset County Transportation System - 814-701-3691

# United Way of the Southern Alleghenies Diaper Bank

Call - 814-535-2563

Email admin@unitedwaysa.org

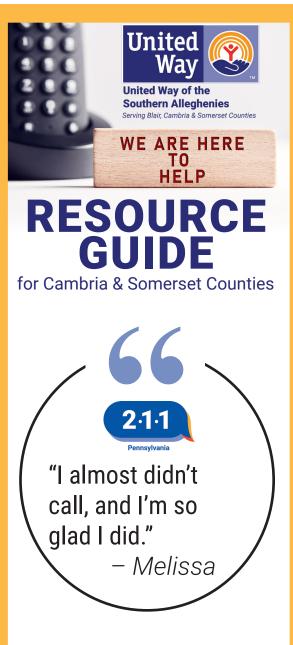
Online unitedwaysa.org/diapers

Johnstown office 814-535-2563 422 Main Street, Suite 203, Johnstown, PA 15901 814-535-2563

**Somerset office** Uptown Works, 109 E. Main Street, Somerset, PA 15501 814-535-2563

To become involved in our work through supporting, advocating or volunteering, visit **www.unitedwaysa.org** 

Email: admin@unitedwaysa.org



Get Connected. Get Help. Dial 211 or text your ZIP code to 898-211



Ferinsylvania

PA 211 is a 24/7, professionally staffed call center that will help you find resources for a variety of health and human services needs. Care navigators are ready to help. Call, text or chat online.

# pa211.org

Welcome to the pa211.org web chat.

How can I help you today?



Melissa and her son were getting by on her restaurant job, **until she was laid off.** She quickly fell behind on bills, and got a shutoff notice for her electric service. Unable to pay the amount due, **she called 211** to see if she had any options.

Our Resource Navigator listened to Melissa's situation, and pointed her to local resources for utility bill assistance, support with her job search, food pantries, and a diaper bank. She also gave her a recommendation to call her electric company, to see if a payment plan was possible. Melissa called her electric company that day. Not only was she able to avoid a shutoff, but she got some of her past due balance forgiven.

# "I almost didn't call, and I'm so glad I did."

– Melissa

<u>CONFIDENTIAL</u> help for utilities, employment, transporation, finances, food, housing and more.

# QUICK SOURCE GUIDE

CAMBRIA / SOMERSET

**Emergency Shelters** 

Martha & Mary House - 814-536-5361 Next Step Center - 814-444-8588 Women's Help Center - 814-536-5361

## **Mental Health Services**

Crisis Hotline, Cambria and Somerset - 9-8-8 Cambria County Behavioral Health

# Cambria - 814-535-8531

Behavioral Health Services of Somerset and Bedford Counties - Somerset - 814-443-8182

**Domestic Violence/Abuse & DV Shelter** Victim Services

> Cambria - 814-288-4961 Somerset - 814-443-1555

### **Free Medical Services**

**Highlands Health** 

Cambria - 814-534-6242 Somerset - 814-443-5867

**Food Pantry Information** Food For Families - 814-535-3315

## Legal Services

Laurel Legal Services - 814-536-8917 SW PA Legal Services Inc. - 814-443-4615

> **Area Agency on Aging** Cambria - 814-539-5595 Somerset - 814-443-2681

# **Drug & Alcohol Addiction Services**

Cambria County Drug & Alcohol Program - 814-536-5388 Somerset Single County Authority for Drug & Alcohol - 814-445-1530